



**Wednesday,
March 4, 2020**

BELL SCHEDULE

WEDNESDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

THURSDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

FRIDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

Grade 9 Immunizations

**Parent/Teacher Student Conferences
Altered Bell Schedule**

Grade 9 Immunizations

PARENT/TEACHER STUDENT CONFERENCE
THURSDAY, MARCH 5TH

Block 1	8:00 – 9:12 am	72 minutes
Block 2	9:16 – 10:06 am	50 minutes
Block 3	10:10 – 11:00 am	50 minutes
Break	11:00 – 11:10 am	10 minutes
Block 4	11:15 am – 12:05 pm	50 minutes
Block 5	12:10 – 1:00 pm	50 minutes

THURSDAY: FORMAL DAY

Gabby Lester performing
MAGIC SHOW in Theatre at
lunch

FRIDAY: PJ DAY

WEDNESDAY: DECADE DAY

Grades 9/10- 60's/ 70's
Grades 11/12- 80's/ 90's
KARAOKE AT LUNCH

EACH DAY A DRAW FOR
MOST SPIRITED

SPIRIT WEEK

COME TO TABLE IN GRAND
HALL TO BE ENTERED IN THE
DRAW!!!

MARCH 9-13

**MONDAY: GRADE
COLOUR DAY**

Grades 9/10 – Burgundy
Grade 11- White
Grade 12- Black

TUESDAY: TWIN DAY

Reminder to Staff & Students

→ Courtesy during the Cold & Flu Season

Please remember to . . .

→ wash your hands regularly during the flu season to avoid getting sick

→ if you feel a cough or sneeze coming on, please cough or sneeze into your elbow



P.E. LOCKERS

Sending out a friendly reminder to students . . .

#1 P.E. lockers are to be used ONLY during your P.E. Class.

#2 The P.E. lockers are NOT meant to be used as a school locker.

#3 DO NOT leave your clothes and/or valuables in an unlocked P.E. locker during your P.E. class.



LIBRARY – FLEX TIME



A friendly reminder to students that FLEX time in the Library is for ‘quiet’ study not social time.

Those students not being respectful of this guideline will be asked to leave the Library.

FOUND

Have you lost your:

- **Earpods**
- **Eye glasses**
- **cell phone**
- **watch ???**

We have several in the office. Please come to the office to claim.

Digital Literacy 10 – Grade 9 Students

- Could the following grade nine students please see Mr. Aitken in room 216A during Flex TODAY.
- Matthew Andresen
- Jaiden August
- Adam Carter
- Max Chapman
- Ayla Bivic
- Jaewon Byeon
- Lois Chan
- Faaris Chaudry
- Phil Chou
- Amelie Coen





GRADE 10'S

If you signed up for science co-op next year, you should check the door of room 315 to make sure your name is on the list. If it is not, please let Mr. Baldus or Ms. Wilson know.

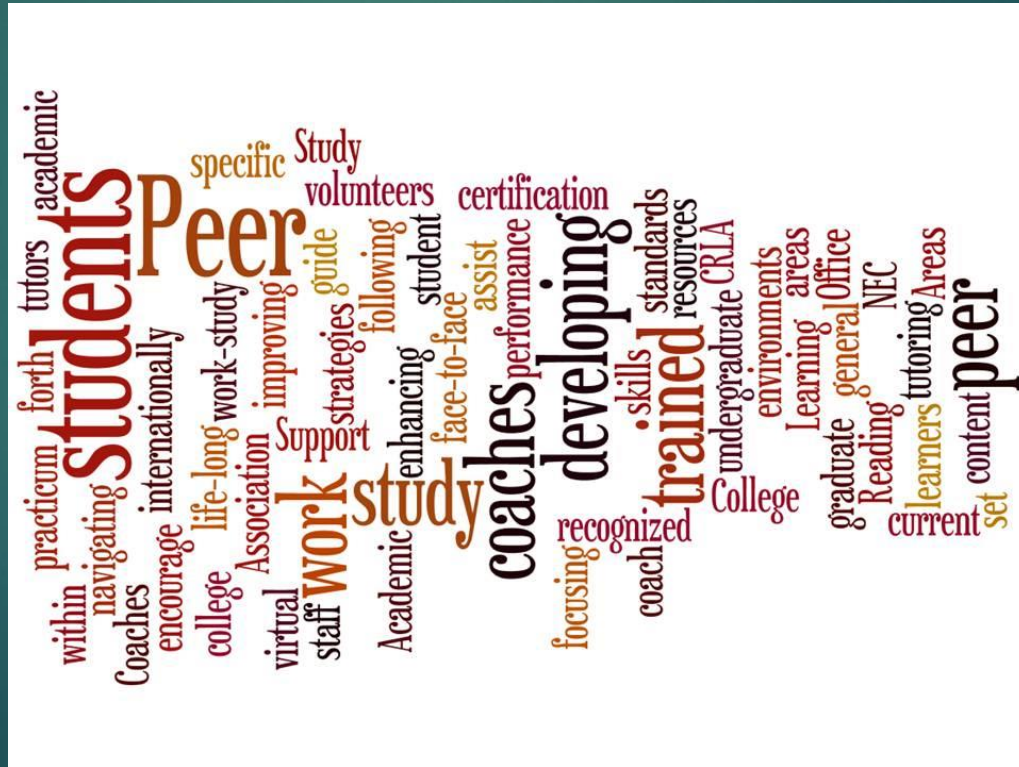
Heritage Woods Assistance Dog

Brie our Heritage Woods Assistance Dog will be here on **Wednesday's** at **LUNCH** in the counselling area. Come down and say "Hi"!



PEER TUTORS

Meeting this Friday @ FLEX in the Mat room.



AP CALCULUS EXAM

- Any students interested in writing the AP Calculus exam must pay their exam fee (\$135) online or at the office before **March 6 deadline**.
- If you are not taking AP Calculus this semester and you wish to write the exam, see Ms. Riczu at the office for payment.
- If you have any questions, email Ms. Rai (mrai@sd43.bc.ca).



WESTWOOD PLATEAU

GOLF & RESTAURANT

HIRING FAIR

MONDAY MARCH 16, 2020

4:00 PM TO 8:00 PM

DROP IN - EVERYONE WELCOME

3251 PLATEAU BVD, COQUITLAM, BC

THE CAFETERIA HAS GONE GREEN!

Exciting news Kodiaks!

ALL utensils and containers
from the cafeteria are NOW
COMPOSTABLE!

Make sure you throw your
waste in the correct bin!

*plastic around
cookies/muffins goes in
garbage



Brought to you by the Environmental and Outdoors Club

GRADE 12'S: PLEASE MAKE SURE YOU HAVE COMPLETED THE CLC REFLECTION QUESTIONS. PLEASE SELECT THE LINK THAT CORRESPONDS TO YOUR CLC 12 TEACHER'S NAME. (NOTE: MRS. GAY AND MRS. WOOD'S STUDENTS ARE COMBINED INTO GAY. MS. SALOUSTROS' NAME IS ABBREVIATED TO SAL.)


- <https://tinyurl.com/capstone2020Nunn>
- <https://tinyurl.com/capstone2020Gay>
- <https://tinyurl.com/capstone2020Pavan>
- <https://tinyurl.com/capstone2020Bell>
- <https://tinyurl.com/capstone2020Swanson>
- <https://tinyurl.com/capstone2020Jarvis>
- <https://tinyurl.com/capstone2020Sal>



Mr. Bell's Class

Career Life Connections 11

**FOREST GREEN IN ROOM 209
(DURING FLEX) ON
WEDNESDAY, MARCH 4TH.**



Ms Saloustros' Class

Career Life Connections 11

PLEASE MEET ON:

**WEDNESDAY MARCH 4TH IN
THE THEATRE DURING FLEX**



Ms. Swanson's Classes



Career Life Connections 11



PLEASE MEET ON:



**FRIDAY MARCH 6TH (SECTION 4)
BOTH MEETINGS AT FLEX IN ROOM
242 I**

Swanson CLC 12

- ▶ Capstone Presentation marks and final marks are ready.
- ▶ Please see Ms. Swanson in room 242 this week.

Ms. Wood's CLC 11

- ▶ Please meet in Room 202 at FLEX on Wednesday March 4th.

PHOTO CONTEST

Theme:

WE ARE KODIAKS

Submit one photo to
pkhalili@sd43.bc.ca
by March 13 2020

1st Place: **\$75** 2nd Place: **\$50** 3rd Place: **\$25**

**Feb 13-21,
2021**

**Interested in
joining our
adventure to
COSTA
RICA?**

**See Ms. Prosperi-
Porta or
Mr. Ross for
information.**



**KEEP
CALM
we are going to
COSTA
RICA**

Coast to Coast COSTA RICA 2021

A Caribbean to Pacific Adventure

For a limited time,
program price is
\$3775. Includes all
meals and Insurance.

BONUS!!!

Enroll **NOW** to be
entered in a draw for
travel vouchers.

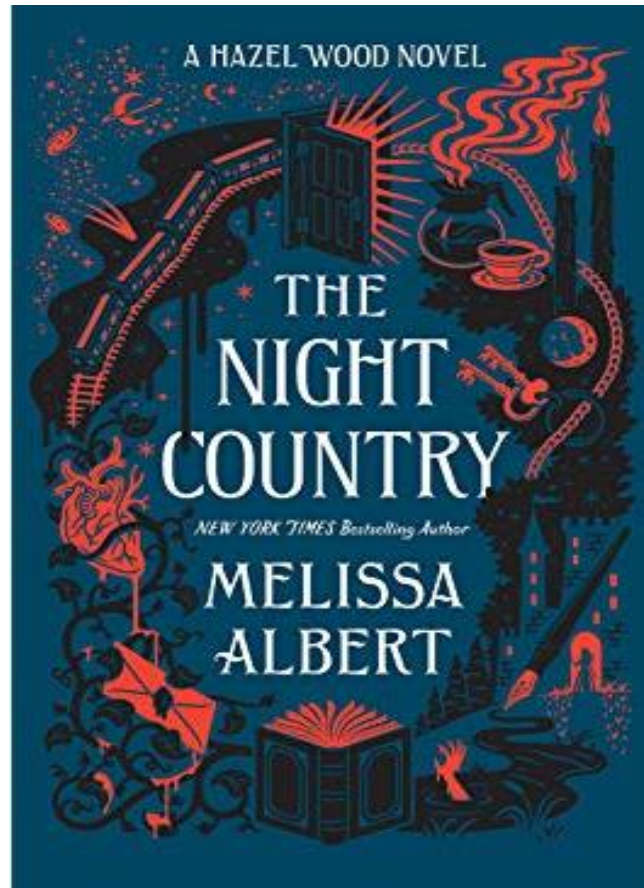
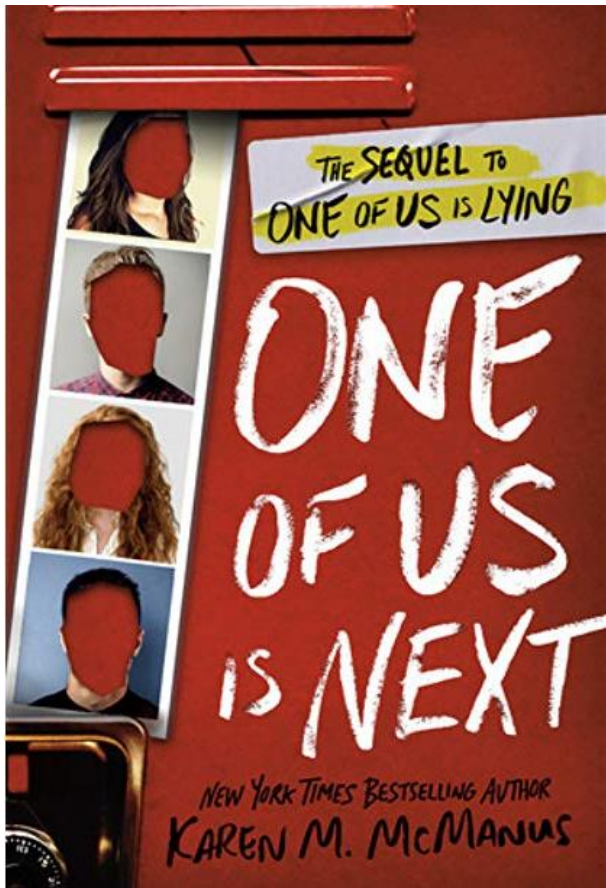


See Ms Prosperi-Porta for info.

Italy and Greece
May 21st to 30th 2021

For more info see Mr. Castonguay or Ms. Wood





**Come and check out the new books at the
HWSS Library**

HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



HWSS TRACK & FIELD

A photograph of a red running track and a green field. The track is in the foreground, curving to the right. The field is in the background, with a person standing in the distance. The sky is clear and blue.

- Anyone who wants to join the team, see Mr. Tyldesley in room 240 for an information form.**
- Jersey deposit (\$100 cheque) must be paid to Ms. Chan (room 311 in the mornings)**
- All athletes must pay fees online.**
- Distance practices: on Wednesday/Friday afterschool @3:40 before Spring break.**

Girls Soccer Senior + Junior Try-Outs

Junior Try-Outs

Thursday, March 5 - 1:30 start on the turf



CLUBS



*ROOM CHANGE: 315 → 207

MEETINGS IN ROOM 207 ON
WEDNESDAYS AT LUNCH

JOIN WYNS CLUB!!!



Do **YOU** want to help the community?

- Volunteer hours
- Fundraising
- Looks fantastic on University Applications!!!
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need



Kodiaks Konversations

Connect with our EAL students!



MEETINGS
EVERY
WED. AT
FLEX IN
ROOM 243

- *Gain volunteer hours while having fun*
- *Snack while you chat and play games*
- *Meet new people*
- *Learn about other cultures*

JOIN THE HSEO CLUB

-INTERESTED IN JOINING **SCIENCE
COMPETITIONS** TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS**
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?

NEXT MEETING:

WEDNESDAY @ LUNCH IN
ROOM 316 (September
25th)





HWSS
ANIMATION

HWSS Animation Club

Meetings Every Wednesday at Lunch
ROOM 210

See Mr. Strudwick for details



SKI & SNOWBOARD CLUB

**Sign Up in
Room 314**

**Next Trip:
March 7**

SKI & SNOWBOARD CLUB

Want to shred at Whistler?



Space is becoming limited...

Mar. 7 – 1 or 2 spots remaining

CAREER CENTER



Scholarship Meeting

- Tuesday March 10th at lunch in library
- Local Scholarship package: District Authority Awards and other awards just for Gr. 12 HWSS students
- Come and learn what is offered and how to correctly complete your application.
- You cannot win if you do not apply!!



Canada's Largest International University and Experiential Travel Expo



EXPLORE YOUR FUTURE

Tuesday

MARCH 3

VANCOUVER
CONVENTION CENTRE

Expo: 2 pm - 6 pm / Seminars: 1 pm - 6 pm

SEMINARS
FREE
ADMISSION

 TREC

 AIR CANADA

 TalentEgg

 www.studyandgoabroad.com

**STUDY AND
GO ABROAD**

STUDY • TRAVEL • WORK • VOLUNTEER

www.studyandgoabroad.com

Thinking about Law School?



**WEST POINT GREY ACADEMY
INVITES YOU TO MEET
LEADING UK LAW SCHOOLS AT**

A LAW EVENING

**Open to all lower mainland Grade 9 - 12
students interested in studying law
with a focus on studying law at
UK Universities.**

The evening features:

- **Presentations**
- **Law debate case study**
- **Law school fair**

CYPRESS CAFE

4125 WEST 8TH AVE.
VANCOUVER, BC V6R 4P9

MAR • 4 • 2020

4 - 6 PM

REMINDER:VIUF FAIR

1- 4PM
SUNDAY, APRIL 19, 2020 @
VANCOUVER CONVENTION CTR. (E)

PRE-REGISTER HERE: <https://tinyurl.com/yx38zn9g>

Are you a grade 11 or 12 student who is curious about a career in policing? Want to learn from the best about investigative methods and advanced driving techniques? Then consider applying for the New Westminster Police Department Student Police Academy. **Application deadline is April 10th, 2020 and the fee to apply is \$50.**

The Academy runs from June 29 – July 10, 2020. Applications can be dropped off in person at the New Westminster Police Department front desk or digitally sent to Constable Callaghan tcallaghan@nwpolice.org

- This two week program gives you a behind the scenes look at all aspects of being a police officer. From physical conditioning and self-defense tactics, to scenario-based simulations and firearm safety, you'll receive from police the most up to date tactical training.
- You will learn about the many different aspects of policing from exciting guest speakers. Meet members of the K9 Unit, see the police helicopter – Air 1 up close, and get out on the water with the NWPD Marine Unit.
- This is your opportunity to see what it takes to be a police officer.

<https://www.nwpolice.org/join-nwpd/student-police-academy/>

UBC ENGINEERING Upcoming Events for Girls

UBC Engineering Upcoming Events for Girls

Changing the World: Engineering the Future

Saturday, March 28, 2020

Grades 10-12

Explore why engineering is an amazing career for women who want to change the world, help improve the lives of others and the environment around us, and who like teamwork and problem-solving. Solve real engineering challenges, learn about different types of engineering, talk to current students, hear from recent alumni and tour the campus.

Engineering Explorations 11:

ECE & the Future of Tech

Saturday, February 1, 2020

Grade 11

As technology continues to expand its presence in our daily lives, engineering allows us to leverage new technologies for more applications.

Engineering Explorations 10:

Sustainability for Our Future

Saturday, February 22, 2020

Grade 10

Using the engineering design cycle and a focus on environmental engineering, you'll ideate new solutions to an engineering problem that many countries face today.

Engineering Explorations 8:

The Variety of Engineering

Saturday, March 14, 2020

Grade 8

Debunk your perceptions of engineering and experience what engineers do everyday!



Technovation Girls

February 7, March 6, or April 17

Ages 10-18

Build an app to solve a problem you identify within your community. Offered through UBC Geering Up.

Girl Powered Design Club

Saturdays starting January 25

Grades 8-10

It includes activities from all streams of STEM (Science, Technology, Engineering, and Math) in the form of hands-on activities, engineering design projects, and student competitions.

To RSVP or learn more: women.engineering.ubc.ca/events



THE UNIVERSITY OF BRITISH COLUMBIA

Engineering



UBC Geering Up
Engineering Outreach

SAVE THE DATE!
FREE ADMISSION

2020 VANCOUVER INTERNATIONAL UNIVERSITIES FAIR

April 19, 2020 | 1 p.m. – 4 p.m.

Vancouver Convention Centre — East Building
Vancouver, BC, Canada

Including Universities from across Canada and the World

For more information, visit www.nacacfairs.org/vancouver



NACAC
National Association for
College Admission Counseling

INTERNATIONAL
ACAC

REPEAT NOTICES



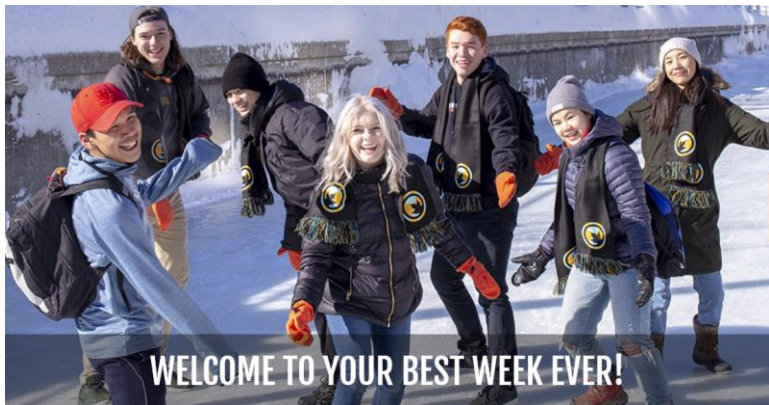


Be part of this great event by joining our amazing team of volunteers:

- To contribute to your francophone community
- To take part in this BC premier event and have fun
- To meet new people
- To taste and experience the unique francophone ambience!

For more information and online application

visit: <http://www.festivaldubois.ca/volunteer/>



Theme	Dates	Rebate	Price after rebate
Business & Entrepreneurship	Mar 1 - Mar 7, 2020	\$150 rebate	\$600
Medicine & Health	Mar 8 - Mar 14, 2020	n/a	\$650
Law & our Justice System	Mar 15 - Mar 21, 2020	n/a	\$650
Sports & Fitness	Mar 22 - Mar 28, 2020	\$100 rebate	\$650
Science & Technology	Mar 29 - Apr 4, 2020	Limited availability	\$650
History & Leadership Formerly: Vimy: Canada's Coming of Age	Apr 5 - Apr 11, 2020,	\$100 rebate	\$650
Medicine & Health	Apr 12 - Apr 18, 2020,	n/a	\$650
Democracy & Youth	Apr 19 - Apr 25, 2020,	\$100 rebate	\$650
Experience Canada	Apr 26 - May 2, 2020,	n/a	\$650

Simply follow the "REGISTER NOW" link on the home page of Encounters with Canada: www.ewc-rdc.ca.

****DISCOUNTS are offered until March 13, 2020, or until funds run out.**



BE A SPRING BREAK CAMP VOLUNTEER!

Make a difference this spring by volunteering at Place des Arts

home to our
arts community
**PLACE
DES
ARTS**



The Spring Break Camp Program

Spring Break Camp runs from Monday, March 16 – Friday, March 20, 2020. The program includes classes in visual arts, dance, drama and music.



Volunteer Roles and Responsibilities

Volunteers will work closely with Place des Arts staff and teachers to ensure the camp runs smoothly.

Responsibilities of volunteers may include:

- Ensuring that students sign in and sign out each day;
- Escorting students to and from their classes;
- Taking attendance;
- Monitoring the distribution and use of supplies;
- Working individually with students who need extra support;
- Supervising children during breaks and before-camp and after-camp care.

The Application Process

Applicants must be 13 years or older by the start of the camp.

Visit placedesarts.ca under support us/volunteer and:

- If you are a new volunteer: submit the online *Volunteer Application Form* with references and attend an interview*
- If age 18+, submit a criminal record check;
- Attend a mandatory orientation and training session.

**We will contact you to arrange an interview after we receive your application*

Apply Now!

Questions?

Contact Place des Arts' Volunteer Coordinator at 604.664.1636 ext. 36 or volunteer@placedesarts.ca

1120 Brunette Avenue, Coquitlam | 604.664.1636 | www.placedesarts.ca

Looking for a challenge outside the classroom?

Looking for a **challenge** outside the classroom?



Stimulate your passion for STEAM with *Future Science Leaders!*

Future Science Leaders (FSL) is a weekly after-school science enrichment program that opens the world of STEAM (science, technology, engineering, art and design, and mathematics) to secondary students.

FSL programs are available in:

Vancouver—TELUS World of Science

Surrey—Health and Technology Innovation Hub

“I can say 100% I would not be doing this job right now which I really love (research engineer at VGH) without *FSL*. The network and support continue when you leave the program.”

Edward Wang,
FSL Discover 2012

For more information and to sign up for notifications, visit scienceworld.ca/futurescienceleaders

**SCIENCE
WORLD**

**FUTURE
SCIENCE LEADERS**

NACAC

National Association for
College Admission Counseling
1900 N Highland Blvd
Suite 400
Princeton, NJ 08540

The 2019 Vancouver International Universities Fair saw universities from Australia, Canada, China, France, Germany, Greece, Ireland, Italy, Japan, Spain, Switzerland, the United Kingdom and the United States.



SAVE THE DATE!

The 2020 Vancouver International Universities Fair, Sunday, April 19, is the collective effort of the National Association for College Admission Counseling and the International Association for College Admission Counseling. We work in collaboration for the benefit of our student and parent communities.

Many Canadian students seek postsecondary education in Canada, the United States, the United Kingdom, as well as other countries.

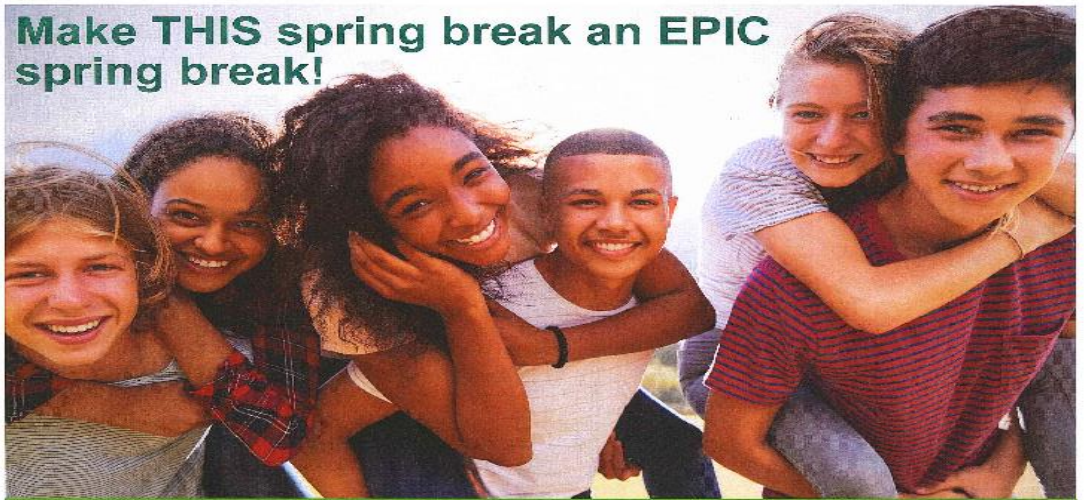
To receive additional information and updates about this fair, join the mailing list at www.nacacfairs.org/vancouver.



For additional information about the 2020 Vancouver International Universities Fair, contact Nancy Cromarty at ncromarty@wpga.ca or Kel McDowell at kmcdowell@wpga.ca.

PORT MOODY REC COMPLEX

Make **THIS** spring break an **EPIC** spring break!



Activities may include trips to:

- Extreme Air Park
- Apex Adventure Plex
- Sports
- Watermania
- Swimming - CCAC
- Lazer Tag

Out trips subject to change without notice.

Spring Break camps run:

Mon-Fri Mar.16-20 9am-4pm

Mon-Fri Mar.23-27 9am-4pm

Register at portmoody.ca | 604.469.4556



For youth in
grades 6-12



Port Moody Recreation Complex
300 loco Road, Port Moody, BC | 604.469.4556 | www.portmoody.ca

PORT MOODY
CITY OF THE ARTS



ATLAS Masterclass

Saturday, April 4 2020
8:30 AM to 4:15 PM
FREE

Each year more than **10,000 high school students** from **50 different countries** visit a nearby university or research center in order to unravel the **mysteries of particle physics**. Students will learn about research methods and topics, analyze real experimental data, and share results with other sites over a videoconference.

Connect

Participate in international videoconferences with the **ATLAS control room** and other students.

Learn

Participate in lectures from active scientists about the **fundamentals of physics** and research.

Experience

Perform measurements on real data from the **ATLAS detector** in the **CERN Large Hadron Collider**.

Explore

Tour **leading universities** and **research centres** with the world-class researchers who work there.

More info and registration:
triumf.ca/atlas-masterclass

For one of three locations TRIUMF, SFU or UVIC

TRIUMF—4004 Wesbrook Mall
Vancouver BC V6T 2A3

physicsmasterclasses.org

Join the Vancouver Aquarium Youth Team!

Volunteer Opportunities for Ages 14-18

Build your leadership , public speaking, and customer service skills while expanding your knowledge of marine life and conservation in a fun filled environment as an

Animal Interpreter Share animal stories and information through conversations, engaging props, and live animal handling

Children's Interpreter Paint faces, make crafts, and facilitate live animal handling in order to build connections between the Aquarium's youngest visitors and the animals in our care

Visitor & Gallery Assistant Deliver a personal and memorable experience to visitors from the moment they arrive. Assisting with admissions, guest services and visitor interactions throughout the facility, including live animal handling.

YouthToSea Spring & Summer Leadership Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Commitment dates & times will vary by position

Apply online today

<https://www.vanaqua.org/join/volunteer/work-experience>

workexperience@ocean.org



OPERATION MED SCHOOL IS OPENED FOR REGISTRATION

<https://operationmedschool.com/>

March 8th 8:30 – 5:30 at Robert H. Lee Alumni Centre, University of British Columbia

- Operation Med School (OMS) is a non-profit, student-run organization that hosts one-day conferences in Canada and the USA to educate youth about the journey of a medical career. Our goal is to inspire, inform and encourage students to follow their medical dreams and head bravely into their future endeavors.

OMS was started by a group of high school students in Vancouver, BC in 2012. Each conference gives students a new approach to medical careers through activities and lectures by medical experts. It is the perfect chance for high school students to explore the medical field, meet peers who share the same passion, and speak with knowledgeable medical professionals.

OMS has been creating an opportunity for youth to gain valuable leadership and event management skills since it began in 2012 as a conference *for* high school students *from* high school students. As the organization has grown, each city conference continues to be organized by a team of local high school students.

APPLICATION DEADLINE: MAY 1, 2020. PLEASE RETURN YOUR APPLICATION
TO: campaignitebc@gmail.com
If you have questions feel free to see Ms. Butler for more information.

CAMP IGNITE 2020

August 6 - 9

*Applications available
at CAMPIGNITE.COM*



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